

FROM THE DIRECTORS



James Dilley, MD
Emeritus Professor of Clinical Psychiatry

We wrapped up the 2017–2018 fiscal year with a flurry of activity —adding more services, new programs and more clients! As the need for mental health, behavioral health and HIV services grows, we feel poised and ready, offering hope and care to our clients in the new year.

Our new programs include substance use treatment at the clinic and services focused on people who are over 50 living with HIV. We're grateful to our funders for giving us the resources to see more people, but in reality there are so many more people who need help.

Our role as practitioners in the community is to help clients improve their lives—to witness and guide them as they engage in reflection, help them to heal, and to manage or reduce behavioral and



Lori Thoemmes, LMFT
Director

mental illness. We meet the clients where they are and, one client at a time, work to build a more stable, engaged and resourceful community.

It takes a lot of courage to seek mental or behavioral help. Asking for help with a problem like depression, anxiety, substance use, or suicidal thoughts often means overcoming a lifetime of resistance. So many people muster the courage to take that leap and come to our clinic for help. We are humbled by their efforts.

Mental health and HIV wellness are not always achieved in a linear fashion, and we are here for our clients, no matter what path they take. We look forward to another year of courage, triumph, stumbling and getting back up again.

DONORS 2017-2018

\$25,000-\$75,000

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\$10,000-\$25,000

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AHP SERVICES — SERVING THE LGBTQ AND HIV COMMUNITIES

ACCESSING SERVICES

Most of AHP's services, except for HIV testing and drop-in support groups, require an intake appointment. For more info, contact us at 415-476-3902. Drop in Monday through Friday from 9 am to 11 am or by phone Tuesday and Thursday from 9 am to 11 am.

To get more information on all of our programs go to AHP's homepage: ucsf-ahp.org



MENTAL HEALTH & SUBSTANCE USE

Help People Help Themselves. Individual and group support, immediate intervention for people in crisis, and psychiatric assessment and medications management. Most mental health and support services are free; some have income or insurance status limits.

Meet Folks Where They Are. "Harm reduction"—individual substance use counseling, case management, and group support—creates a constructive and effective setting for addressing mental health and substance use concerns.

STAFF SPOTLIGHT: CHARLIE DUNKIN



THE KINDNESS OF FRIENDS

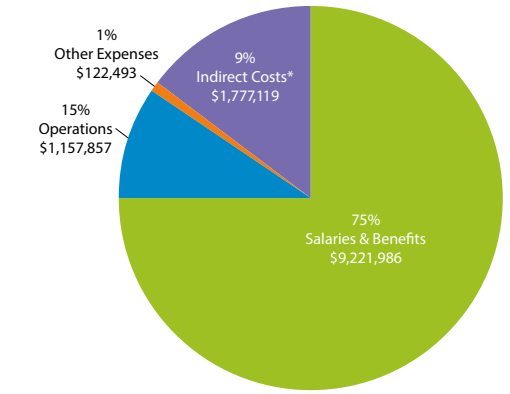
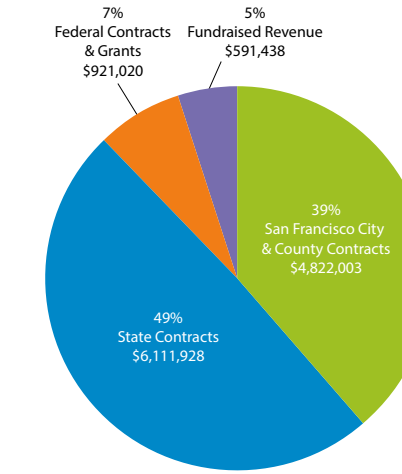
2018 Art for AIDS had another banner year!

Artists, donors, vendors, volunteers, food and beverage donors, staff, colleagues and friends all came together to support the clients and volunteers of the Alliance Health Project in one single night.

You gave us a piece of yourself.

Together we raised \$324,000 to help clients receive HIV/STI testing, behavioral and mental health care from AHP. Thank you!

ANNUAL FINANCIAL REPORT 2017-2018



REVENUE

San Francisco City & County Contracts

LGBTQ & HIV Mental Health Services	\$3,404,114
CCHAMP & Case Management for MSMs of Color	\$498,258
Getting to Zero Intensive Case Management	\$313,987
HIV/STD Counseling & Testing	\$510,739
PrEP Navigation	\$94,905
Total	\$4,822,003

State Contracts

HIV Education & Training	\$935,083
HIV Surveillance, Prevention & Care	\$5,104,014
Workforce Education Training	\$72,831
Total	\$6,111,928

Federal Contracts & Grants

Capacity Building Assistance Partnership	\$318,993
Trauma Informed Assertive Case Management	\$421,385
Personalized Cognitive Counseling (PCC):	
WEB PCC	\$47,498
Telephone PCC	\$104,677
International PCC Training	\$28,467
Total	\$921,020

Fundraised Revenue

Endowment Interest Income	\$60,352
Other Interest Income	\$8,310
Fundraisers, Foundations, Corporate & Individual Donations	\$514,434
Other Income	\$8,342
Total	\$591,438
Grand Total	\$12,446,389

EXPENSES

Salaries & Benefits

Salaries & Wages	\$6,578,481
Employee Benefits	\$2,643,505
Total	\$9,221,986

Operations

Total	\$1,157,857
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Other Expenses

Required UCSF Fee for All Donations	\$27,893
Administrative Intern Support	\$896
Staff & Advisory Board Meetings	\$7,269
Art for AIDS Fundraiser Expenses	\$86,435
Total	\$122,493

Indirect Costs*

*Indirect Costs include: University fees assessed on all gifts and grants	\$1,777,119
Grand Total	\$12,279,455
Change in Net Position	\$166,934

Reserves

Unrestricted Operating Reserve	\$12,115
City & County SF Restricted Reserves	\$864,870
Total	\$876,985

Restricted Endowment

Total	\$1,247,187
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HIV & STD PREVENTION

Know Yourself, Know Your Status, Know Your Community. HIV and STD testing empowers people with information. Drop in five days a week at 1930 Market Street and twice a week on Castro Street at AHP's mobile van. For appointments, go to "Make Your HIV Test Appointment" on AHP's homepage, or call 415-502-TEST (8378) from 11 am to 4:30 pm, Tuesday through Friday. AHP also provides clean syringes to people who inject drugs and runs one of the city's PrEP navigation programs, helping people assess whether PrEP is right for them and, if so, access it.



When AHP hung a "Black Lives Matter" banner above the front entryway of our Market Street services center, Charlie Dunkin knew he'd found his work family. That gesture of commitment to and support for justice reflected Dunkin's long-held beliefs. He wanted to work at a place that was willing to put its neck out for the most underserved parts of our community.

As a young, queer, and trans youth, Dunkin says the LGBTQ community saved his life. "I've always wanted to help others the way I was helped," Dunkin says after describing how the community housed and supported him as he was coming up and coming out after he was orphaned at the age of 14 due to his mother's death from cancer. Ever "since seeing a counselor in high school," Dunkin added, "I specifically wanted to be a therapist."

Dunkin graduated in 2013 with a Masters in Social Welfare concentrating on community mental health. He chose AHP for a clinical internship because he liked the atmosphere, the variety of work, and, especially, the integrated model of care.

Dunkin brightens noticeably as he describes his therapeutic relationships. "Clients are experts in their own lives," he asserted, and he applies therapeutic techniques to mitigate the power differential between him and his clients. In fact, after working primarily with youth, Dunkin particularly values what he sees as the greater willingness of adults to engage in collaborative and transparent therapeutic relationships. For that reason, and because many AHP clients have had negative experiences with mental health professionals, Dunkin employs an integrative theoretic model with narrative therapy at its core, to address both power dynamics and differences in age, race, class and other cultural differences, connecting with compassion and storytelling.

As Dunkin describes his approach and his commitment to our clients, his enthusiasm is infectious. He continues by observing that he is amazed at how much he enjoys being a "professional queer." If the Black Lives Matter banner, which continues to hang above our threshold, signaled to Dunkin a place that puts its neck out, Dunkin has fit right in, putting his neck out not only for his clients but for AHP!

A WARM WELCOME TO INCOMING TEAM MEMBERS

Carlos Cala, Case Manager

Theresa Fong, Designer

Francisco Garcia Maldonado, Case Manager

Sarah Hausman, AMFT, Substance Use Counselor

Katie Katuzny, PhD, Psychologist

Laura Rodriguez, LMFT, Supervising Case Manager

Hez Wollin, LCSW, Psychotherapist

Holly Wong, MBA, MFA, Division Administrator

Susan Yalca, Program Assistant

Oliver Yan, Case Manager

Luis Zuniga, Administrative Assistant

SEX POSITIVE

HCAT IS NOW "SEXUAL HEALTH SERVICES"

Sexual Health Services, formerly the HIV Counseling and Testing Team (HCAT), now offers HIV, STI, HCV, syphilis, gonorrhea and chlamydia testing at our clinic and on the mobile testing van. SHS also offers PrEP navigation services for those at risk for HIV seeking information and support getting onto PrEP, HIV prevention medication. Finally, the hepatitis A vaccine is now available to any AHP client at the clinic.

SUPPORT GROUPS & WELLNESS WORKSHOPS

Connect People Together. Support and therapy groups help people build community and address mental health and wellness topics together. Groups vary in the number of weeks they last and in their target audience. Some focus on specific populations or topics.

Feel Better Than Ever. AHP also uses the power of community to promote a world of well-being through workshops and forums on both LGBTQ and HIV-related topics.



TRAINING & RESEARCH

Build Knowledge and Capacity. AHP trains HIV test counselors, mental health and substance abuse professionals, and staff from agencies seeking to foster a wellinformed, client-centered, culturally competent, stigma-free environment.

Discover While Serving. Doing HIV and LGBTQ work leads AHP staff to recognize gaps and develop ideas for filling them. AHP researches new approaches to HIV prevention and LGBTQ mental health.